



Phyllis and Grace Teachers notes

In *Phyllis and Grace*, Phyllis has Alheimers and is becoming increasingly forgetful. She forgets that her children have grown up, that her husband is no longer alive, and even her own name! This activity helps children understand what it might feel like to find it difficult to remember things.

What you need:

A tray

A collection of objects (up to 10)

A cloth to cover

How to play: Collect a group of objects, lay them out on the tray and cover with the cloth. When the children are ready to play, remove the cloth. The children have 10 seconds to look at the objects before the objects are covered up again. They then have to remember all the objects on the tray. The children must then shut their eyes or turn away while the teacher removes one object. Then the cloth is removed again and the children have to remember which object is missing. This can be repeated till all the objects have been removed. Finally, ask the children if they can still remember all the objects that were originally on the tray.