

## Personal, Social, Emotional Development

Change happens all the time and it can be unsettling and worrying, it is important that children know that feeling this way is OK and normal. This book provides lots of opportunities to talk about the changes the little girl faces and the fact that good things can happen after change.

Discuss strategies for coping with change:

- Mindfulness for children
- Writing or drawing your worries down
- Finding people who can help you
- Talking to someone you trust



## Expressive arts

The children love to build dens in this book – dens offer so many learning opportunities including creative thinking, construction, connecting and investigating.

Provide the children with a range of materials and media and ask them to design and construct their own den!

## Understanding of the World

This book centres around some of the hellos and goodbyes children may experience in life. It is a wonderful book to use as a prompt to discuss feelings and emotions, especially during times of transition:

- How do you feel saying goodbye to your adult when you come to school?
- Ask the children to share what they like to do most when they are happy?
- Have you felt sad? What makes you feel sad sometimes?
- What can we do to help someone who is feeling sad?

The little girl in 'Say Goodbye...Say Hello' forms a lovely friendship with Charlie, what makes a good friend?

## Mathematics

The children in 'Say Goodbye...Say Hello', love to play cards in their den. Card games are a superb way to support children with their mathematical development. Here are some ways you can use cards with young children:

- Play a game of matching pairs or snap
- Explore more than / less than by asking questions: *can you tell me which number is bigger?*
- Ordering cards from smallest – biggest & then biggest - smallest
- Adding / subtracting with small numbers

## Literacy

The little girl in this story writes a letter to her friend after they have said goodbye – ask the children who they would write a letter to and what would they write about?

Show the children some examples and then have a go at writing some simple words and sentences in a letter to a friend or loved one.

## Communication, Language & Literacy

Book talk is a really valuable way to develop children's language and listening skills and this book provides many talking opportunities:

Ask 'What, Who, Where, Why?' questions. Encourage the children to consider why things happen and give explanations:

- What happens to the snowman and why?
- Why do the children look sad at the end of the book and are hugging tightly?
- Who does the girl meet at the end of the story?
- What do you think will happen next?

[SAY GOODBYE... SAY HELLO](#) by Cori Doerrfeld is published by Scallywag Press.

978-1-912650-43-9 [www.scallywagpress.com](http://www.scallywagpress.com)

**Shortlisted for the 2021 Teach Early Years Awards: Healthy and Happy**

*'A beautiful springboard for conversations with little ones at times of transition.'*

**CBI Reading Guide: Mind Yourself**

*'Cori Doerrfeld's thick crayon-like outlined illustration style focuses close up on the children in the story and captures their feelings incredibly well, whilst also giving a reassuring and safe feel for readers, which is essential in a book that handles sadness and loss – as well as joy and friendship – so expertly.'* **BOOK TRUST**

*'Teachers and parents will be delighted with this book. It will be a reassuring addition to any child's bookshelf.'* **JUST IMAGINE**

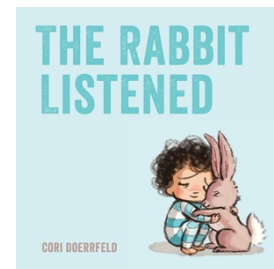
You may also enjoy and find useful **THE RABBIT LISTENED**

**Runner up to the 2019 Teach Early Years Awards**

**Part of the 2021 Empathy Lab collection**

*'Gently expressive images and a template of tools for*

*resolution when faced with inevitable disappointments'* **IRISH TIMES**



*These teacher notes are by Jenny Guest. Jenny is an independent educational consultant and writer alongside her role as an Assistant Headteacher in a large London primary school. She has been a primary school teacher for ages 3-11. Jenny is also an avid reader of children's literature and runs @bookishwaytoplay on Instagram, which aims to showcase and review the very best children's books, as well as create accompanying supportive learning activities for toddlers, preschool and primary school age children.*